


SOUTH OAK INN/BETHEL PLACE

	Monday Sept. 17, 2018	Tuesday Sept. 18, 2018	Wednesday Sept. 19, 2018	Thursday Sept. 20, 2018	Friday Sept. 21, 2018
Lunch 11:30-1:00 FEATURE #1 RESIDENTS \$7.25 GUESTS \$8.50	Chicken noodle soup Toasted tomato bacon sandwich Beverage Double chocolate chip cookie	Zesty beef vegetable soup Grilled cheese sandwich Beverage Cinnamon bun w/ glaze	Pumpkin apple sweet potato soup Toasted swiss ham tomato sub Beverage Frosted Banana square	Carrot sausage savory soup Buttermilk biscuit w/ cheddar slice Beverage Apple flax muffin	Choice of soups Sandwich of the day Beverage Variety of desserts
Lunch 11:30-1:00 FEATURE #2 RESIDENTS \$7.25 GUESTS \$8.50	Baked potato w/ sour cream, cheddar, bacon, green onion & spinach peach salad Beverage Double chocolate chip cookie	Brunch w/ potato pancakes, sour cream, apple sauce & ham or turkey sausage Beverage Cinnamon bun w/ glaze	Beef liver w/ onions, mashed potatoes & gravy Beverage Frosted banana square	Power bowl w/ mixed greens, chickpeas, quinoa, carrots, beets, pepper, sesame dressing & bread stick Beverage Apple flax muffin	Grilled Quesadilla w/ chicken, black beans, cheddar, salsa, sour cream & chips Beverage Variety of desserts
Supper 5PM RESIDENTS \$9.75 GUESTS\$ 11.00	<i>Meals are available for takeout upon request. Talk to your server or call the kitchen in advance.</i> 	SUPPER Juice & roll Chicken drumsticks w/ brown rice, sweet & sour sauce, egg roll & vegetable mix Coffee/tea Caramel apple cheesecake square	Food & Milk Sales Wednesdays & Fridays 2:00-2:30PM <i>Are you celebrating a birthday? Let your server know and we'll sing for you!</i>	SUPPER Salad & roll Roast beef, mashed potatoes, gravy, horseradish & glazed carrots Coffee/tea Impossible Coconut pie	<i>Remember to sign up for suppers at the front lobby bulletin board</i> 