Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Fel	gruc	ary	2019	9:00 Functional Exercise Class Resumes – Lower Level 2:00 Milk & Food	2:00 Coffee in the Rec Room
9:15 Worship Service in MPR	9:00 Functional Exercise Class 2:00 Wool Club 7:00 Continuing Signing Class	10:00 Choir 5 11:20 Co-Op Bus 1:00 Bakery 7:00 Bible Study	9:00 Prayer 6 9:45 Sobey's Bus 10:00 Red Shoe Literary Society 2:00 Milk & Food 2&6 Shufflebrd Tournament	11am-12pm 7 Blood Pressure Clinic – MPR by Red River Nursing Students 2&6 Shufflebrd Tournament	9:00 Functional Exercise Class 2:00 Milk & Food	2:00 Coffee in the Rec Room
9:15 Worship Service in MPR	9:00 Functional 11 Exercise Class 9:30 Footcare 2:00 Wool Club 7:00 Continuing Signing Class 7:00 Whist	10:00 Choir 12 2:00 Caregiver Support Group - Skylight Mtg. Room 7:00 Bible Study	9:00 Prayer 13 9:00 Massage 9:45 Sobey's Bus 1:15 Banking 2:00 Milk & Food	7:00 Martha & Cornel and the Singing Saw "Love is" MPR	9:00 Functional Exercise Class 2:00 Milk & Food	2:00 Coffee in the Rec Room
9:15 Worship Service in MPR	SOI & Offices Closed	10:00 Choir 19 1:00 Bakery 7:00 Bible Study	9:00 Prayer 20 9:45 Sobey's Bus 11:20 Co-Op Bus 2:00 Milk & Food 2:00 Public Health Event – MPR by RRC Students	21 10:30 Blood Pressure Clinic – 2 nd floor	9:00 Functional Exercise Class 2:00 Milk & Food	23 2:00 Coffee in the Rec Room 7:00 Crokinole
9:15 Worship Service in MPR 7:00 Vespers Service - MPR	9:00 Functional Exercise Class 9:30 Footcare 2:00 Wool Club 7:00 Continuing Signing Class	10:00 Choir 26 11am-2pm Tulip Sales in Lobby 7:00 Bible Study	9:00 Prayer 27 9:00 Massage 9:45 Sobey's Bus 1:15 Banking 2:00 Milk & Food 7:00 Whist	28	"Not all of us can do Great things, be we can do small things with great Love " – Mother Teresa	