

Phone: 204-284-3762

SOUTH OAK INN at Bethel Place



	Monday Dec 5	Tuesday Dec 6	Wednesday Dec 7	Thursday Dec 8	Friday Dec 9
<p>Feature #1 Lunch:</p> <p>Lunch is served from 11:30 – 1:00 SOI doors open 11:15</p>	<p>Ham + Cabbage Soup</p> <p>Salami & Cheese Sandwich</p> <p>Maraschino Cherry Chocolate Chip Cookie</p>	<p>Chicken Corn Chowder</p>  <p>Veggie Wrap (hummus, carrot + cucumber)</p> <p>Chocolate Brownie</p>	<p>Lemon Chicken Orzo Soup</p> <p>Grilled goat cheese pear w/ balsamic dressing</p> <p>Gingerbread Square</p>	<p>Chicken + Black Bean Soup</p> <p>Pita chips, salsa & sour cream</p>  <p>Marmalade Cookie</p>	 <p>Choice of Soup</p> <p>Sandwich of the Day</p> <p>Dessert Variety</p>
<p>Residents: \$10.00 Guests: \$11.25</p> <p>Feature #2 Lunch:</p>	 <p>Chicken Quesadilla with salsa & sour cream</p> <p>Maraschino Cherry Chocolate Chip Cookie</p> 	<p>Breakfast:</p> <p>Scrambled Eggs Bacon Fruit Bran Muffin</p> <p>Chocolate Brownie</p>	 <p>Beef Stew</p> <p>Duchess Potato Veggie garnish</p> <p>Gingerbread Square</p>	<p>Power Bowl: Spinach, feta, quinoa, shredded beets + carrots, pumpkin & sesame seeds</p> <p>Honey sesame dressing</p> <p>Marmalade Cookie</p>	<p>Hot Roast Beef Sandwich with gravy</p> <p>Coleslaw</p> <p>Dessert Variety</p>
<p>SUPPER:</p> <p>served Tuesdays & Thursdays at 5:00 pm (SOI doors open at 4:30)</p> <p>Residents: \$12.75 Guests: \$14.25</p>	<p>*Supper sign-up sheets are located at the main floor bulletin board*</p> <p>Don't forget to sign-up in advance!</p> 	<p>SUPPER:</p> <p>Teriyaki Salmon</p> <p>Roasted Potatoes</p> <p>Vegetable Mix</p> <p>Lemon Pie</p>		<p>SUPPER:</p> <p>Pork cutlets Applesauce Scalloped Potatoes Broccoli & Cauliflower</p> <p>Pumpkin Cheesecake Square</p>	<p>MILK & FOOD SALES:</p> <p>FRIDAY 2:15 – 2:45 at the SOI lobby window</p> <p>Purchases will come off your prepaid account.</p> 