

Phone: 204-284-3762

## SOUTH OAK INN at Bethel Place

	<b>Monday</b> Jan 29	<b>Tuesday</b> Jan 30	<b>Wednesday</b> Jan 31	<b>Thursday</b> Feb 1	<b>Friday</b> Feb 2
<b>Feature #1 Lunch:</b>  Lunch is served from 11:30 – 1:00	Split Pea & Ham Soup  Salmon Salad Sandwich  Double Chocolate Cranberry Cookies	 <b>Chicken Gumbo Soup</b>  Egg Salad Sandwich Bread & butter pickles  Apple Flax Muffin	<b>Creole Hamburger Soup</b>   Biscuit & butter  Coconut Ice Slice	 Choice of Soup Choice of Sandwich Dessert Variety  Gingerbread Cake	Choice of Soup Choice of Sandwich Dessert Variety
Residents: \$10.75 Guests: \$12.00  <b>Feature #2 Lunch:</b>	 Feta & Spinach Quiche Fruit salad  Double Chocolate Cranberry Cookies	 Beef & Pork Stir Fry Rice & Vegetables Egg Roll w/ plum sauce  Apple Flax Muffin	Taco Seasoned Beef Enchilada: with onion, cheddar, sour cream, black beans, & olives Cucumber & carrot sticks  Coconut Ice Slice	Salad: Mixed greens, breaded fish, radish, green peas, feta, green onion, & a roll Ranch Dressing  Gingerbread Cake	Rigatoni & Italian Sausage  Vegetable garnish Dessert Variety
<b>SUPPER:</b> served Tuesdays & Thursdays at 5:00 pm (SOI doors open at 4:30) Residents: \$13.50 Guests: \$15.00	<b>*Supper sign-up sheets are located at the main floor bulletin board*</b> <b><u>Don't forget to sign-up in advance!</u></b>	<b><u>SUPPER:</u></b> Battered Pollock tartar sauce Roasted Potatoes Brussel Sprouts Sweet Potato Fries   Lemon Oatmeal Square		<b><u>SUPPER:</u></b> Baked Ham Scalloped Potatoes Peas & Carrots  Cranberry Crumb Square 	<b><u>MILK &amp; FOOD SALES:</u></b> <b>Friday 2:15 to 2:45 at the SOI lobby window</b> Purchases will come off your prepaid account. 

Reduced-Sugar dessert options available in place of daily dessert, upon request.