

Phone: 204-284-3762

SOUTH OAK INN at Bethel Place

	<p>Monday Jan 13</p>	<p>Tuesday Jan 14</p>	<p>Wednesday Jan 15</p>	<p>Thursday Jan 16</p>	<p>Friday Jan 17</p>
<p>Feature #1 Lunch:</p> <p>Lunch is served from 11:30 – 1:00</p>	<p>Ham + Cabbage Soup</p> <p>Salami & Swiss Cheese Sandwich</p> <p>Ginger Molasses Square</p>	<p>Hearty Tuscan Soup</p> <p>Biscuit OR Corn Muffin</p> <p>Peanut Butter Dinty</p>	<p>Spicy Italian Sausage & Pasta Soup</p> <p>Grilled goat cheese pear w/ balsamic dressing sandwich</p> <p>Oatmeal Date Cookie</p>	<p>Chicken + Black Bean Soup</p> <p>Pita chips, salsa & guacamole, sour cream</p> <p>Coconut Pineapple Dessert</p>	<p></p> <p>Choice of soup</p> <p>Sandwich of the day</p> <p>Dessert Variety</p>
<p>Resident \$11.75 Guest \$13.00</p> <p>Feature #2 Lunch:</p>	<p></p> <p>Chicken Quesadilla with salsa & sour cream</p> <p>Ginger Molasses Square</p>	<p>Breakfast:</p> <p>Scrambled eggs Bacon Fruit Cinnamon Roll</p> <p>Peanut Butter Dinty</p>	<p></p> <p>Beef Stew Baked Potato Veggie garnish</p> <p>Oatmeal Date Cookie</p>	<p>Power Bowl:</p> <p>Spinach, feta, quinoa, shredded beets + carrots, pumpkin & sesame seeds Honey Sesame Dressing Coconut Pineapple Dessert</p>	<p>Hot Turkey Sandwich with gravy</p> <p>Coleslaw</p> <p>Dessert Variety</p>
<p>SUPPER: served Tuesday & Thursday at 5:00 pm (SOI doors open at 4:30) Resident \$14.50 Guest \$16.00</p>	<p>*Supper sign-up sheets are located at the main floor bulletin board* <u>Don't forget to sign-up in advance!</u></p>	<p>SUPPER:</p> <p>Creamy Dill Salmon Roasted Potatoes Mediterranean Mix</p> <p></p> <p>Banana Chocolate Chip Sour Cream Cake</p> <p></p>	<p></p>	<p>SUPPER:</p> <p>Pork Chop Noodles with cream gravy Squash Casserole with toasted crumb topping</p> <p>Rhubarb Torte</p>	<p>MILK & FOOD SALES: FRIDAY 2:15 – 2:45 at the SOI lobby window</p> <p>Purchases will come off your prepaid account.</p> <p></p>