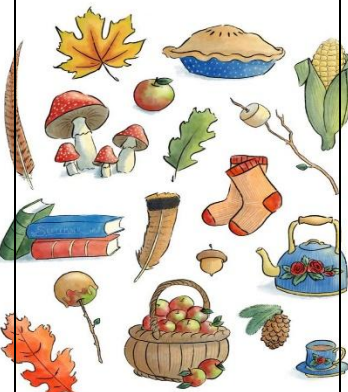


SOUTH OAK INN at Bethel Place

	Monday Oct 20	Tuesday Oct 21	Wednesday Oct 22	Thursday Oct 23	Friday Oct 24
Feature #1 Lunch: Lunch is served from 11:30 – 1:00	Red Lentil Sausage Soup Egg Salad Sandwich Oatmeal Double Chocolate Chip Cookie	Chicken Tortilla Soup Bagel with Cream Cheese Apple Cake with Rum Sauce	Beet Borscht with sour cream Onion Dill Bun Chocolate Pudding	French Onion Soup  BLT Sandwich Pumpkin Cream Cheese Muffin	Choice of Soup  Sandwich of the day Dessert Variety
Residents: \$11.75 Guests: \$13.00 Feature #2 Lunch:	 Potato Pancakes Applesauce Breakfast Sausage Oatmeal Double Chocolate Chip Cookie	Chef Salad: Mixed greens, chicken, boiled egg, cheddar, sliced broccoli, shredded carrot & ranch dressing Roll & butter Apple Cake with Rum Sauce	Cottage Cheese Perogies Cream Gravy Rhubarb Sauce Coleslaw Chocolate Pudding	Everything Bowl: Spinach, chicken, red cabbage, bean sprouts, carrot, cilantro, green onion, pineapple, quinoa, red pepper, sesame seeds sweet chili dressing, & bread stick Pumpkin Cream Cheese Muffin	 Chicken Burger with: Cheese Tomato Slice Lettuce Dessert Variety
SUPPER: served Tuesdays & Thursdays at 5:00 pm (SOI doors open at 4:30) Residents: \$14.50 Guests: \$16.00	*Supper sign-up sheets are located at the main floor bulletin board* Don't forget to sign-up in advance!	SUPPER: Lemon Pepper Cod Roasted Potatoes Peas & Carrots Root Beer Chocolate Cake		SUPPER: Sweet & Sour Meatballs Rice Roasted Winter Veg Coconut Cream Pie 	FOOD SALES: Friday 2:15 to 2:45 SOI Lobby Window Purchases will come off your prepaid account. 