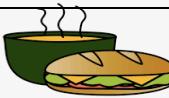


Phone: 204-284-3762

## SOUTH OAK INN at Bethel Place

 <b>Feature #1</b> Lunch: Lunch is served from 11:30 – 1:00	Monday Jan 12	Tuesday Jan 13	Wednesday Jan 14	Thursday Jan 15	Friday Jan 16
	Sauerkraut & Sausage Soup Salami & Swiss Cheese Sandwich Ginger Molasses Square	Chicken + Black Bean Soup Pita chips, salsa & guacamole, sour cream Peanut Butter Dinty	Green Bean Soup Grilled goat cheese pear with balsamic dressing sandwich Oatmeal Date Cookie	Hearty Tuscan Soup Biscuit Sunshine Orange Pineapple Cake	 Choice of soup Sandwich of the day Dessert Variety
Resident \$12.25 Guest \$13.50	 Chicken Quesadilla with salsa & sour cream Ginger Molasses Square	<b>Breakfast:</b> Scrambled Eggs Bacon Toast Fruit Peanut Butter Dinty	 Beef Stew Baked Potato Veggie garnish Oatmeal Date Cookie	<b>Power Bowl:</b> Spinach, feta, quinoa, shredded beets + carrots, pumpkin & sesame seeds Honey Sesame Dressing Sunshine Orange Pineapple Cake	Hot Beef Sandwich with gravy Coleslaw Dessert Variety
<b>SUPPER:</b> served Tuesday & Thursday at 5:00 pm (SOI doors open at 4:30) Resident \$15.00 Guest \$16.50	*Supper sign-up sheets are located at the main floor bulletin board* <u><b>Don't forget to sign-up in advance!</b></u> 	<b>SUPPER:</b> Creamy Dill Salmon Roasted Potatoes Mediterranean Mix Banana Chocolate Chip Sour Cream Cake		<b>SUPPER:</b> Pork Chop Broad Noodles with cream gravy Roasted Root Vegetables Rhubarb Torte	<b>FOOD SALES: FRIDAY</b> 2:15 – 2:45 at the SOI lobby window Purchases will come off your prepaid account.